



News Notes

#982 A weekly bulletin for residents of Auroville 6 July 2023

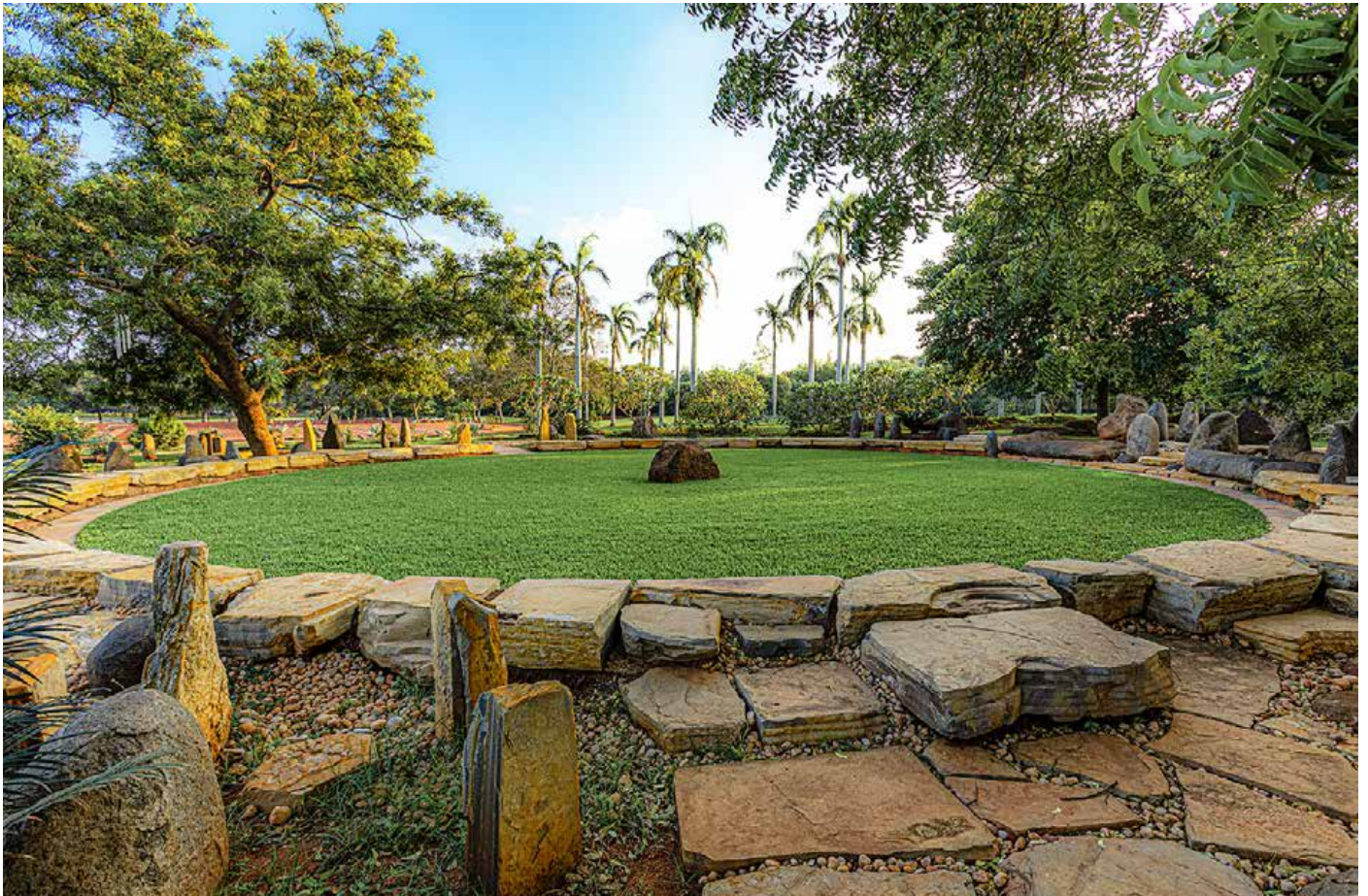


Photo by Piero

Seven are these worlds in which move the life-forces that are hidden within the secret heart
as their dwelling-place seven by seven.

Mundaka Upanishad

This is the eternal Tree with its root above and its branches downward;
this is Brahman, this is the Immortal; in it are lodged all the worlds and none goes beyond it.
This and That are one.

Katha Upanishad

Pondering



But if it is once admitted that the Spirit has involved itself in the Inconscience and is manifesting itself in the individual being by an evolutionary gradation, then the whole process assumes meaning and consistence; the progressive ascent of the individual becomes a key-note of this cosmic significance, and the rebirth of the soul in the body becomes a natural and unavoidable consequence of the truth of the Becoming and its inherent law. Rebirth is an indispensable machinery for the working out of a spiritual evolution; it is the only possible effective condition, the obvious dynamic process of such a manifestation in the material universe.

The Philosophy of Rebirth, The Life Divine by Sri Aurobindo

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
Funds & Assets Management Committee Report	
May and June 2023	5
From The Entry Service—ES # 187	5
Housing Service Closed	6
COMMUNITY NEWS	6
New Born	6
Dishanth Arrives	6
Auroville Matters	6
Reflections	6
Awakening Spirit	6
Alexandra David-Néel 1911-1924 Journey through India, China and Tibet	6
Dream Divine Series:	
Auroville and the Ideal of Human Unity	7
Savitri Bhavan, July 2023	7
Exhibitions	7
Films	7
Full Moon Gathering	7
Dream Divine Series	7
Regular Activities	7
Amphitheatre—Matrimandir: Meditation with Savitri read by Mother to Sunil's music	7
Brahmanaspati Kshetram:	
Calendar of Regular Events for July 2023	7
Unity Pavilion: Daily Peace Meditation	8
For Your Information	8
Update your KYC	8
Bioregion	8
Reintroducing Life Education Centre (LEC)	8
Angam Tree: Holistic Wellness Initiatives	8
Massage Therapist Program	8
Siddha Learning Centre	8
Nattayakalari Arts Academy	9
Education	9
French Classes in the New Creation School	9
French Class for Kids in the New Creation School	9
Beginner's English Intensive Class	9
Mathematics Course Offered	9
Google Workspace Training Clinic	10
Auroville Library	10
Timings	10
Story time	10
Health Care	10
Aurodent Dental Clinic	10
Santé Services	10
Working Hours	10
Tests and Sample collection	10
For emergencies	10
Appointment	10
Santé Services Schedule	10

Aurokiya—FOCUS II:	
Eye Exercise & Vision Therapy	11
Animal Care	11
Urgent Warning: Canine Distemper Outbreak	11
Dog Wheelchair Assembly Workshop	11
Animal Care Job	11
Position: Animal Caretaker	11
Position: Social Media Person	11
Theatre	11
Chronicles of the Immortal Professor	11
The Arts	12
Kalakendra Presents	12
Dawn of Auroville	12
The Great Cholas:	
Photography Exhibition by Artist R. Manivannan	12
Activities	12
Art Workshops by Experience Artist	
Sathya Arunachalam	12
Feminine Dance Classes in Cripa	12
Red Earth Riding School:	
Is Offering Free Riding Classes	12
Auroville Tango Activities	13
Rupavathi Joy Activities	13
Bio-region Temple Tour	13
Indian cooking	13
Thai Massage	13
Tango Dance Class	13
Abhaya Offers Martial Arts Classes	13
Food Forest Tour	13
Swimming Class	14
Salsa Dance Class	14
Bamboo Centre	14
July Workshops 2023	14
Bamboo Centre Campus Tour	14
Training and workshops	14
One-Day, Make and Take Workshops	14
Furniture Workshop	14
Bamboo Toys	14
Bamboo Musical Instruments	14
Bamboo Jewellery	14
Bamboo Tree House Workshop	14
Bamboo Nature Camp at Kodaikanal	14
Soul Of Soil	14
Make and take handson workshops	14
Mohanam campus tour	15
Mohanam Sound healing	15
Saree & Veshti Experience Tour	15
Conscious and Cultural Tour Experience in Auroville	15
Auroville North-West Cycle Tour + Lunch	15
Cycle Tour with Bio-Region Youth + Breakfast	15
Saturday evening Aurosanthai market	
Indo African Drum Circle with Food & Campfire	15
Kolam Village Walk	15
Thiruvannamalai Eco & Spiritual Services	15

Looking For	15
Looking for Office Work	15
Looking to House Sit	15
Looking For a Room	16
House Sitter For August And September In The Greenbelt	16
Looking for Work	16
Looking for Second Hand Working Condition Ceiling/Pedestal Fans	16
Wanted Damaged and Broken Solar Panels	16
Clifford Needs a Home	16
Available	16
Bajaj DominAr 400cc Available	16
Hero Splendor Available	16
Taxi Share	16
From Chennai Airport, Friday, 7 July, 5—6pm	16
Taxi to Bodhi Zendo, 11 or 13 July	16
To Chennai Airport, late afternoon, 27 July	16
Help Needed	16
Youth Center Appeal	16
Work Opportunities	17
Auroville Earth Institute	17
Job Description: Admin Secretary	17
Job Description: Assistant Trainer	17
ITS: We are Hiring	17
Aware Auroville	17
Honorary Voluntary	18
Udavi Seeks Volunteers	18
New Creation Creche Needs a Volunteer	18
Gau Seva at Sadhana Forest!	18
Foods, Goods and Services	18
Free store Opening Times	18
Hive's Open House	18
For Your Next Haircut	18
AirCon Air Conditioning Cleaning Service	18
Latest News from Inside India—Travel Shop	19
Repair of Air Conditioners, Fridges, Washing machines and Appliances	19
Arka's Kitchen is Open for lunch	19
Red Dot Cafe at Upasana	19
Dropzy	19
150Dpi Digital Solutions	19
Pour Tous Water: Free Service To The Aurovilians	19
Solitude Farm Basket Service	20
Voices and Notes	20
Pitiless	20
To Be Or Become Something	20
Poetry	21
The Experiential Ploy 3	21
A Chosen Option	21
Welcome to The Eternal Game	22
And More Voices	21
Forest Group update Report, 3 July 2023	21
FG reply to email received by a few foresters	21
Mail received by a few foresters	22
Observations on Recent Budget Cuts	22

Classes, Workshops & Healing Arts	23
KolamYoga	23
Workshops by Sehdev Kumar	23
Freedom from Fear	23
Relaxing Oil Massage	23
Half-Day Vipassana Course	23
Hatha/ Vinyasa flow Yoga TTC Intensive course	23
Pitanga Remain Closed	24
Angam Tree: Therapies	24
Sound Healing Therapy	24
Massage Therapy	24
Dance Movement Therapy	24
Activities by Lakshmi	24
Angam Tree: Traditional Massage Therapy Classes	24
SatyaYuga: Energy Vibration	25
Arka Wellness Center & Multipurpose Hall	25
Vérité Workshops & Therapy	25
Thai Yoga Therapy with Andres at Vérité	25
Restorative Yin & Yoga Nidra:	
Deep Relaxation for Body & Mind with Emma	26
Yoga of Forgiveness with Dr.Sehdev	26
Vérité Programs June 2023	26
Cinema	26
Eco Film Club	26
Schedule of Events	26
Minimalism	26
Cinema Paradiso	27
Film Program 10 to 16 July 2023	27
Accessible Auroville Public Bus	28
N&N Guidelines	28
Emergency Services	28

The Last Moment

AUROVILLE CYCLE TOUR

Starts 8 July, 6am @ Town hall Main Parking



Dear All, on requests from the participants from the last cycle rally (on 3 June) Auroville Vehicle Service is happy to organize the **Auroville Cycle Ride—for awareness—once in a month.**

We invite everyone to join on 8 July at 6am in Town hall Main Parking for the cycle ride between 15—20 kms in and around Auroville. Let's pedal together to create the awareness and importance of cycling. Bring your own cycle and a water bottle.

Note: People who don't have a cycle could pick one from us and return it back after the ride: depends on the availability/ First come gets priority.

• Ride Schedule:

- **6:00am:** Reporting at Town Hall Main Parking.
- **6:15am—7:30am:** Cycling around Auroville
- **7:30am—8:30am:** Breakfast at Town Hall campus
- **8:30am—8:45am:** Cleanup the breakfast area.

• **Cycling Route:** Townhall, Certitude, Kuilapalayam, Djaima, Udumbu, Dana, Auromode, Ritam, Annainagar, Alankuppam, Kottakarai, Visitors center, Townhall.

• Contact:

- **Raju:** 9443074825, **Saranraj:** 9787095511
- avvehicle@auroville.org.in

Submitted by Raju

982 - 6 July 2023



House of Mother's Agenda



Once humanity understands this simple fact, once it gives up its age-old habit of cloistering the Spirit in heaven and believing in death, believing in its laws and its smallness, then we will be saved and ready for a divine life. This is what Sri Aurobindo came to show us above all else: there is no need to fly off to heaven to find the Spirit, we are free, we are stronger than all the 'laws,' because God is within us. All we need to do is believe this, for faith hastens the world's fairy tale. *That was the thing that saved me all through, I mean a perfect balance. First of all I believed that nothing was impossible and at the same time I could question everything.* One day, as he was again being urged to resume his political struggle, Sri Aurobindo promptly replied that what was needed was *not a revolt against the British Government, which anyone could easily manage... [but] a revolt against the whole universal Nature.*

The few disciples—there were about fifteen of them—all remember that very special, highly concentrated atmosphere prevailing during this first phase. They had dazzling experiences almost at will; divine manifestations were common, and the natural laws seemed to begin to yield. The veil between the physical world and the other planes of consciousness was growing thinner, and the beings we call gods, or the forces of the overmind, were able to manifest, bend the laws, and produce so-called miracles. Had this trend continued, Sri Aurobindo and the Mother would have been well on their way to founding a new religion, and Pondicherry to becoming one of the 'holy places' where spiritual fragrances mask the more common odors. But one day, as the Mother was describing one of the latest extraordinary occurrences to Sri Aurobindo, he remarked humorously: *Yes, it is very interesting, you will work miracles that will make us famous the world over; you will be able to turn earthly events topsy-turvy; indeed (Sri Aurobindo smiled), it will be a grand success. Then he added: But this is an overmental creation, not the highest truth. It is not the success we want; we want to establish the supermind on earth, create a new world. Half an hour later, narrates the Mother, everything had stopped. I did not say anything to anyone, not a word, but in half an hour I had torn down everything, severed the connection between the gods and the disciples, demolished everything. For I knew that as long as this was going on, it was so alluring (one saw astounding things all the time) that we would have been tempted to continue.... I tore down everything. From then on, we started over on a different footing.*

That was the end of the first phase. Sri Aurobindo and Mother had verified the power of consciousness, and they had found that 'miracles with a method,' or interventions of higher powers of consciousness, merely sugar the pill without changing the essence of things. These particular

'miracles' are useless from the standpoint of transforming the world. *The real thing*, as the Mother would say, is not to change Matter from the outside through fleeting 'supernatural' interventions, but to change it from within, lastingly—to establish a new physical order. History is full of 'holy places,' and they have all failed us. We have lived long enough under the auspices of the gods and religions. *I have no intention of giving my sanction to a new edition of the old fiasco*, wrote Sri Aurobindo, *a partial and transient spiritual opening within with no true and radical change in the law of the external nature.* Levitation, the conquest of sleep, hunger and even illness barely touch the surface of the problem. These are negative efforts directed against a prevalent order, which still implies a recognition (in negative terms) of the old laws, while it is the order itself that must change. All such 'miracles' are but the reverse side of our impotence. What we need is not a better world, but a new world, not a 'highly concentrated' atmosphere, but a 'lowly' concentrated one, as it were. Everything here below must become holy. Suddenly, on November 24, 1926, Sri Aurobindo announced that he was retiring into complete solitude. Thus would the ashram become founded officially under the Mother's direction. There was no need to tell the disciples that the yoga would henceforth take place 'in the subconscious and the inconscient': They all tumbled down from their marvelous experiences... soon to confront far harsher realities. Now began the second phase of the work of transformation.

(to be continued next week)

**Satprem, The Adventure of Consciousness,
Chapter 17, The Transformation**

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#060

With love and gratitude,
For and on behalf of Gangalakshmi (HOMA),
Zech



Townhall Speaks

FUNDS & ASSETS MANAGEMENT COMMITTEE REPORT

May and June 2023

We will struggle, we will build, we will discover, we will yield. "...For in this ideal place money would be no more the sovereign lord. Individual merit will have a greater importance than the value due to material wealth and social position. Work would not be there as the means of gaining one's livelihood, it would be the means whereby to express oneself, develop one's capacities and possibilities, while doing at the same time service to the whole group, which on its side would provide for each one's subsistence and for the field of his work...."

The Dream of the Divine. The Mother

- All assets, buildings, farms, green buffer zone and parks, lands are resources that belong to the Divine Mother to be optimally and diligently used by all. The assets are held in a structure-The Auroville Foundation-amenable to the laws of the land.
- FAMC members met executives/ managers of Health Centre, Sante, Health Fund, Pharmacy, Arka, Health and Healing trust and Auroville Health Services. This meeting was one of the first meetings for moving in the direction of "Integral Health" by integrating all components of this service.
- FAMC members along with new Visitors Centre executives met outgoing Visitors Centre executives for a proper handover. Meeting with the accountant and a walk in the campus followed.
- Few FAMC members met the newly minted Green Belt Service and Farm Service members.
- FAMC team led by Dr. Jayanti Ravi, the Secretary of Auroville Foundation and other working group members, has been visiting various communities of Auroville to meet the residents.
- FAMC team led by Dr. Jayanti Ravi had a meeting with all the farmers in Terra Soul farm. Farm assessment is a priority. Farms are ready to produce more but distribution needs to be re-imagined.
- FAMC team submitted a draft policy for a proper House transfer.
- FAMC Team led by Dr. Jayanti Ravi along with Housing and Farm Services invited people who had registered in the HS database for allocation of houses as well those who had expressed interest in agriculture and related activities in the RoR.
- SAIER Directional Perspectives along with a proper Integral Education based roadmap has been discussed.
- Physical Education Department Directional Perspectives have been forwarded.
- Green Buffer Zone Service Directional Perspectives are being worked upon.
- Farm Service Directional Perspectives have been initiated.
- Donation Channeling road map and online tools for the full donation utilization and reporting has been shared with the community. It is a work in progress.
- Final consolidation of AVF accounts as per MoE required format is under process and the AVFO auditors have finalized the MoE format for submitting the accounts. The units and trusts have been provided the final approved format for submitting the 2022-23 accounts to AVFO & FAMC. All balance sheets have been received in the new MoE format.
- The Governing Board has appointed Ms. Margarita Correa as a member of the FAMC. Welcome Margarita!

In Her Service,

*Auroville will boldly spring towards future realizations,
Geeta for FAMC*

FROM THE ENTRY SERVICE—ES # 187

Dated: 6-07-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:



Sandhya



Shalini



Tosha

- Sandhya GANAPATHY (Indian) staying in Savitri Bhavan Hostel and working at Udavi School
- Shalini BHATTACHARYA (Indian) staying in Citadines and working at AV Consulting
- Tosha PARMAR (Indian) staying in Terrasoul community and working at Mandala pottery

NEWCOMER CONFIRMED:

- Madhuri K (Indian)
- Robin BAUMES (French)
- Sasikala SIVAKUMARAN (Indian)

AUROVILIAN ANNOUNCED:

- Vismai RAO (Indian) staying in Victory and working at Auroville Language Lab & MM



Vismai

AUROVILIAN CONFIRMED:

- Sharon Sunshine (USA)
- Vincenzo CAFARELLI aka Enzo (Italian)
- Silky ARORA (Indian)
- Kavitha PRAKASH (Indian)
- Gopika DAHANUKAR (Indian)



Monica

SPOUSE OF AN AUROVILIAN ANNOUNCED:

- Monica Prabhu (Indian) staying in Forecomers (wife of Prabhu PONMUDI)

NOTE:

The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board

*(Alain, Grace, Jayanthi, Lakshmanan,
Matilde, Sara, Sonja and Swadha)*

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

0413 262-2707, auroville.entryservice@gmail.com

HOUSING SERVICE CLOSED**Monday, 5 July—Saturday, 8 July**

Housing Service will be closed for our annual team 'building' tour. We leave Auroville on Monday, 5 July and come back on Saturday, 8 July.

- Work will start on Monday, 10 July.

Love, Piero for the Housing Service

Community News

New Born

DISHANTH ARRIVES

Dear Community Members, we are delighted to share the joyous news of the arrival of our baby boy, Dishanth, born on 22 June at Nallam Clinic.

We extend our heartfelt gratitude to each and every member of the Morning Star Team for their unwavering support and exceptional care.

Naveen & Poovizhi, Fraternity

Auroville Matters

REFLECTIONS

Dear all, this message is a personal reflection towards 2 comments.

1. The RA Working Committee commented about 'how disturbing it is that some Aurovilians have accepted the new office order to be the new executives of different services'
2. The comment made by an Aurovilian on the 'Stand for Auroville' platform that says 'these people who have accepted the new roles are of dubious moral character or are plain opportunists'

Dear friends, I wish it were so simple or black & white.

My name is Sowmya.

I am an Aurovilian for the last 8 years.

But I have called Auroville my home for the last 23 years. I discovered Auroville as a teenager and lived here for 5 years before I decided to leave for Europe to grow and evolve in my profession, and to gain financial independence, so I could come back to be able to contribute towards this Dream in my little way.

I am one of the new executives of the Art Service.

I was asked to help with Art and Design in Auroville which is my education and profession and I agreed to this.

After which I was asked to become an executive of the Art Service.

It took a lot of calm consideration and a lot of introspection before I said yes.

Why did I say YES?

When I have a full time job with our unit and don't want any maintenance from this new role. I have to put in many extra hours after my full time work schedule in the nights and weekends towards this new role. More importantly this choice has led to me being ostracized by most of my 'friends' and being verbally, very aggressively abused in front of my 7 year old.

Why did I say YES?

It's simple:

There are many of us that want to build bridges and not burn them all.

There are many of us that want collaboration and not forever conflict.

There are many of us that want our beautiful city and our dream to be realized.

A few months ago we met the old Art Service representative with an offer to collaborate. But it was refused. Now when they claimed last week that this is all a shock, it really saddens me as it is not true. Why are they communicating false, fear based, sensationalist messages to the community? This is very disappointing.

Now, many questions arise.

Why this conflict, why this pain, why this anxiety. Maybe deep within I know but I am afraid to say it out loud. Maybe I know that to aspire for such glorious ideals we have been challenged individually and collectively. It is not in the challenge but in our reactions and our acceptance of these challenges we might find the way to grow and to surrender.

We are all here not by accident.

We do not choose Auroville,

Auroville chooses us.

The more we surrender to this the more we can experience the magic.

This is my first post towards the community.

I took many months to gather the courage and calm to write this. The reason I do it is for sharing my narrative. To share that people like me who have accepted such roles have a much more layered approach towards why and why not.

It pains me that there is such a one sided, often fear based narrative circulating in our community. I wish we can have the calm consideration and the kindness towards a 3rd new perspective rather than being polarized by 2 ends.

I wish we could build bridges rather than burning them all down.

Quoting our Dear Mother:

'When you are in difficulty widen yourself'

With love and kindness, Sowmya.

Awakening Spirit

ALEXANDRA DAVID-NÉEL

**1911-1924 Journey
through India, China and Tibet**

Savitri
B H A V A N

Monday, 10 July 2023, 4pm @ Savitri Bhavan.

Duration: 104 min.

Alexandra David-Néel was born in 1868, studied oriental philosophy in Paris, read the Gita and the Upanishads, practiced Buddhism, and was the first Western woman to visit Lhasa. The aim of her journey was to experience the supreme beatitude, which frees one from all attachments, and to see the Land of Snow.

This remarkable woman was a close friend of the Mother in Paris. She also visited Sri Aurobindo in Pondicherry in 1912 and met the 13th and 14th Dalai Lama in 1911-1924 during her travels through India, China and Tibet.

Being a well-educated writer, she described in considerable detail the meetings and experiences she had during her travels. She published a great number of books that became the base of the present film. Interestingly, some Aurovilians acted in the film, including Manoj Pavithran playing the role of Sri Aurobindo.

The 2012 film by Pierre Javaux Productions and ARTE France / Fit Productions will be screened in French with English subtitles.

Submitted by Margrit

DREAM DIVINE SERIES



Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4.30-5.30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Auroville and the Ideal of Human Unity



An audio-visual presentation produced by the Gnostic Centre in New Delhi, 2008

- **Wednesday, 12 July, 4:30—5:30pm**
@ Sangam Hall of Savitri Bhavan.
Everyone is welcome

Dhanalakshmi, for Savitri Bhavan team

SAVITRI BHAVAN, JULY 2023



Exhibitions

- **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **Glimpses of the Mother:** Photographs and texts in the Square Hall
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

Films

- **Mondays at 4pm in the Sangam Hall**
 - **July 10.** Alexandra David Nèel 1911—1924 Journey through India, China and Tibet: This remarkable woman, born in 1868, was a close friend of the Mother in Paris, and visited Sri Aurobindo in 1912. The film is in French with English subtitles. Duration: 104min.
 - **July 17.** Evolution Fast Forward, Part 1—Vision and Work of Sri Aurobindo and The Mother: A film by Sopanam, Auroville to bring to young people through 3D motion graphics the Vision & Work of Sri Aurobindo and The Mother. And there will be a short video of Sri Aurobindo's Symbol. Duration: 26min.
 - **July 24.** Sri Aurobindo's Integral Yoga—Evolution Fast-forward, Part 2. Psychology, Cosmology, Transformational Practice: Film by Sopanam, Auroville in 3D motion graphics (2015). Duration: 50min.
 - **July 31.** Evolution Fast-Forward, Part 3—Parts of the Being & Planes of Consciousness as mapped by Sri Aurobindo and The Mother (2017). Duration: 75min.

Full Moon Gathering

- **Monday, 3 July, 7:15—8:15pm,**
in front of Sri Aurobindo's statue

Dream Divine Series

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'.

The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

- There will be a weekly session
every Wednesday 4:30—5:30pm.

The series will include presentations, films, talks, etc., followed by questions and answers.

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Everyone is welcome

Submitted by Dhanalakshmi, for Savitri Bhavan Team

AMPHITHEATRE—MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm
weather permitting

**Meditation with Savitri read by Mother
to Sunil's music**

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan



BRAHMANASPATI KSHETRAM

The Mother Sri Aurobindo Centre

**Calendar of Regular Events
for July 2023**

*To my dear little child
Live only for the Divine*

- **Every Thursday, 6—6:30pm:** Meditation
- **Every Wednesday, 5:30—6:30pm:** reading 'The Mother's Questions & Answers, Vol-7' in English

Many thanks, Tixon

No.3/134, Kalathu Mettu Street,
Edayanchavadi, Auroville
Kshetram2014@auroville.org.in



UNITY PAVILION: DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

For Your Information

UPDATE YOUR KYC

Dear Friends, you may receive sms/ mail from BSNL to update KYC(know your Customer) for your mobile phone connection. If you have received it, you do not need to go to the BSNL head office to update. We request that you please come to our office with your original Aadhaar card, mobile phone. We'll update your details in the BSNL link.



- Please call us for an appointment 2622298, 2622364 to help in time.

Regards, Gunasekaran for Telephone Service

Bioregion

**REINTRODUCING
LIFE EDUCATION CENTRE (LEC)**

**LIFE
EDUCATION
CENTRE**

**Open House: July 12, July 26,
August 9 and August 23, from 10am to 12noon.**

This is a brief introduction to and an update on Life Education Centre (LEC). LEC is an outreach center in Auroville that has been serving young women from marginalized communities in the bioregion for the last three decades. Aurovilians who are associated with us for a long time in supporting the cause are familiar with and have appreciated the work of LEC. Some have been enthusiastic supporters for the last 32 years.

LEC has provided a safe haven for adolescent girls who were abruptly forced to leave school after reaching puberty and remained confined within their homes. Over the years, LEC has adapted its programs to cater to the evolving needs of women in the bioregion, ensuring they receive the support they require. As school dropouts decreased, the center has witnessed an increased demand from women in their early twenties to late thirties who are eager to learn and acquire new skills.

In 2015, LEC embarked on a new direction to serve these women. Today, the center follows a unique model that combines education with livelihood opportunities. Core programs at LEC focus on learning activities that enhance physical, mental, sensorial, and spiritual capacities, along with training in tailoring, embroidery, and crochet. Additionally, we offer various learning programs such as Kalaripayattu (Indian martial arts) training, yoga, group discussions, Feldenkrais bodywork, sketching, physical education training, and art therapy. Furthermore, LEC's social enterprise, Sakhi, provides women with opportunities to earn income.

Our goal at Life Education Centre is to thrive as a place where learning and work coexist in the spirit of individual and collective offerings, grounded in the exploration of oneself and the community.

LEC relies on donations as the primary source of funding to offer classes and programs to the women. We greatly appreciate the support and generosity of individuals and organizations that enable us to continue our mission of holistic empowerment of women through education and skills training. By contributing to LEC, you are directly making a difference in the lives of these women and helping us sustain our efforts.

- We warmly invite you to visit us during our upcoming **open house days**: July 12, July 26, August 9 and August 23, from 10am to 12noon.

*Devi Namasivayam and Soumya Kannan
for the LEC team*

ANGAM TREE**Holistic Wellness Initiatives**

Angam Tree Varmam Wellness Research and Education Centre is focused on holistic wellness. Taking the Auroville name of Angam Tree Wellness Hut. Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Our community outreach and social responsibility work is fostering the following three initiatives:

Massage Therapist Program

Massage Therapist Program is a scholarship based platform for bio-region villages. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner. This is an opportunity to not only create a positive change in our learning and growth as contributing individuals within our communities, but also for other us to create better outcomes in our practice and generational continuity of our knowledge and skills.

**Siddha Learning Centre**

Siddha Learning Centre is focused on holistic wellness and yoga of adepts. A centre for holistic healing, yoga and meditation. Along with offering therapies and classes for meditation using the energies of Divinity, the centre also offers special retreats throughout the year. Their spiritually charged room for therapy and meditation is used by a number of people looking for an alternate method for healing and attaining peace. Hatha Yoga is also taught here along with the varied meditation techniques. Based in the lineage of Siddha Varma, using verb, verse and action. As siddha yoga practitioners, believe that the science and practice of yoga are more than just systems of creating optimal health in the physical body and but means to achieve absolute knowledge, indestructible body, mind and spirit. To ensure continuity of our Tree of traditional and ancient healing systems.



Nattayakalari Arts Academy

Nattayakalari Arts Academy seeks to guide every student to attain a level of belief, self-respect, and discipline. Our goal is to provide a learning space for all students to feel joy, driven, accepted, and valued. Our centre trains to ensure a dancer can continue into a career in the dancing profession, while also being focused on to the recreational dancer that is dancing for the sheer joy it brings. We nurture every student individually and make sure their wellness is of primary consideration physically and mentally. We want our studio to grow, flourish, and provide every single person that walks through our doors, a little glimpse of what this amazing art form can provide for one's life. This program introduces all dancers to the joy of movement, using traditional native martial arts philosophy. They will learn basic technical positions, stretches, music and develop a love of dance.



- You can learn more about us and our initiatives at <https://angamtree.com/donate/>
- Kindly contact us at angamtree@auroville.org.in before making your donation.

For Angam Tree,
Raja, +91 97513 95939

Education

FRENCH CLASSES in the New Creation School Classes will start on 18 July,

We have a new volunteer who wants to start teaching French for people. We will start French classes in the New Creation Free progress school for children. We will start with a first batch of students from 9 to 13 years old. We ask people to commit for at least 6 months.



- Classes will be 3 times a week.**
Tuesday, Thursday, Saturday for 1.5 hours, starting 5pm
 - We will have another class for adult**
on Saturday and Sunday for about 2 hours each
- Our teacher, Jean Marie, is a Newcomer and he is really happy to start sharing his knowledge and being helpful here. We will ask for a contribution of 500 rs/month which will be used as a donation to support our school project.
- You can get in touch with Jean Marie 8148401950 or with Beber 6385635943. or email at aurochild@auroville.org.in

Jean Marie

FRENCH CLASS FOR KIDS

Saturdays, 5:30—6:30pm @ New Creation School

French class (beginner's level) for kids of age group 6 to 12 years old is happening at New Creation school facilitated by Nivetha.

French is an International language rich in culture and a knowledge of this language is definitely beneficial.

- The class takes place** once a week on Saturday evening from 5:30pm to 6:30 pm.
- To join the class** send an email to nivethavishva@gmail.com or contact 9843188461



Nivetha

BEGINNER'S ENGLISH INTENSIVE CLASS

10—21 July, 5—6:30pm

We are thrilled to announce that YouthLink will be hosting a Beginner's English Class happening at the Youth Center!

The Beginner's English class is a great starting point for individuals who are new to the language or have minimal experience with it. In these classes we will focus on developing essential language skills and create a supportive/encouraging environment, where learners can comfortably practice their English skills by slowly building their confidence.



- The program is a 10 days intensive class taking place from 10 to 21 July, facilitated by Tom.
- This class starts at 5pm until 6:30pm.
- No class on Weekends :)

To register email us at youthlink@auroville.org.in or come to our office in Town hall: 9:30am—12pm and 2—4pm to sign up.

Warmly,
Nivetha for Youthlink team

MATHEMATICS COURSE OFFERED

- What is being offered?**

STEM land is offering a 1-hour session from Mon-Fri to learn Mathematics topics/themes at the 10th grade/O level. This is not tuition for either NIOS, CBSE, or State Board, the goal is to develop intuition to understand the key concepts of Mathematics and then practice with rigor. The goal is to make Mathematics visual, accessible, and useful for life.



We will look at all important topics that are necessary for Mathematics at that level. This will help not only in the short-term goals you may have but also long-term goals of developing a pattern mind and building problem-solving skills.

We will also introduce the easiest methods and shortcuts (after the concept is understood) to make students confident e.g. in calculations of squares, cubes, cube roots, trigonometry core triangles, Pythagorean triples, etc.

- Where and when will the sessions be held?**

The sessions will be held in STEM land from 5-6 p.m. Mon-Fri. You can join the next session on 10 July.

- Why is STEM Land offering these sessions?**

We stand for responsibility, equality, and courage to create we are responding to this request from the community. We have been working with various grades from 3rd to 10th for 10 yrs now in visualizing mathematics, creating projects, etc so we have something to offer to those who want to take responsibility of their learning.

- What will it cost?**

Each youth needs to deposit Rs.300 at the beginning of each month to STEM Land. If the youth attends all the sessions the amount will be returned at the end of the month else not. This is an opportunity for young people to support their parents in a small way by being responsible. Adults are also welcome as long as they commit to the same rigor.

- Please contact** Kugan 09159160372 or kugan@aurauro.com.

Submitted by Sanjeev

GOOGLE WORKSPACE TRAINING CLINIC

Learning how to get the best from google workspace can help you save time and improve efficiency in your work—making it easier to find emails/files and collaborate with others in your team.



We are offering a weekly drop-in clinic to help you set up or customize your google workspace on your phones, tablets, or laptops. This will include but will not be limited to:

- **Email**—how to get the most out of email with the least effort.
- **Calendar**—how to make sure you remember all your meetings.
- **Google Docs & Google Sheets**—how to create and share documents.
- **Google Drive**—how to organize documents.

The session will be facilitated at various locations across Auroville

- on Wednesday morning from 10:30am to 12pm

and coordinated by Flourish (a service unit which aims to help create an eco-system where those working in Auroville can grow and flourish). The clinic locations and details are:



	Time	Support Provider	Location address
Support Day: Wednesday	10am—12pm	Sathish	150dpi, Surrender Community, Gate 2, Auroville
	10:30—12:30	Madhan	Yuvabe, Saracon campus, Kottakarai Road, Auroville
	10:30am—12:30pm	Dharani/Premkumar	C3streamland designs, Udavi School campus, Edayanchavadi Village, Auroville.

For any questions, please contact Rishi

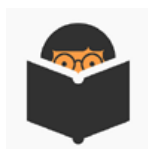
- rishi@flourish-av.org or 9822609229 WA .

Rishi

AUROVILLE LIBRARY

Timings

- **Mornings:**
 - Monday—Saturday, 9am—12:30pm
- **Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm
 - Tuesday 4—6:30pm



Story time

- At the Auroville Library!
- Every Saturday, 10—11am.



All ages are welcome!

- **Contact:** 0413 2622894, avlib@auroville.org.in
- **Web:** library.auroville.org.in/

Kathrin, for Auroville Library Team

Health Care

AURODENT DENTAL CLINIC



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

SANTÉ SERVICES

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily, No appointment necessary
Ayurveda with Dr.Sonia & Dr.Be: As per availability	Physiotherapy with Arun: As per availability
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday, Wednesday, Saturday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Rebeca: Monday, Wednesday, Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	Functional Medicine with Lize: Tuesday/ Thursday/ Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Submitted by Dasha for Sante Services

AUROKIYA—FOCUS II

Eye Exercise & Vision Therapy

3—9 July, 7—8am @ Unity Pavilion

Aurokiya Integral Eye Centre will conduct our second eye exercise workshop FOCUS II from 3 July to 9 July @ Unity Pavilion at 7—8am.

This sessions will guide you through a series of eye exercises and vision therapy to enhance your vision.

For Registration

- Click the Link <https://forms.gle/8heaS2PifpoYEXbs9> or
- aurokiya@auroville.org.in
- 8012305151 WA Warmest Regards, Aurosugan



Animal Care

URGENT WARNING:

CANINE DISTEMPER OUTBREAK

We must alert you to the ongoing and devastating wave of canine distemper that continues to ravage dogs within Auroville and the surrounding areas. In the last few days alone, we had cases in Angiras Garden, Last School, Kulapalayam, Alankuppam, etc.

This highly contagious viral infection spreads rapidly, similar to the flu, and is, in most cases, fatal for dogs. Our quarantine facilities and other animal care centers are full of cases.

We implore each dog lover to take immediate action to protect your pet dogs, Community dogs, and any dogs in your area. There is a highly effective vaccination available to safeguard against this deadly virus. Do not wait until it's too late. Contact your veterinarian without delay!

To address this critical situation, we have secured a stock of Nobivac DHPPi vaccination, which also provides protection against rabies. We are offering this essential vaccination for Rs. 500 per dog. Act now to ensure the well-being and safety of your beloved dogs.

- Contact us for information and a vaccination appointment. Aurovilledogshelter@auroville.org.in or aurovilledogshelter@gmail.com

Auroville Dog Shelter



DOG WHEELCHAIR ASSEMBLY WORKSHOP

Sunday, 9 July @ 10am

We have some fantastic news to share! Thanks to the immense generosity of a donor, we have been able to order 14 wheelchairs for our beloved paraplegic dogs, allowing them to soon experience the freedom to run and play once again!

Assembling these specialized wheelchairs is no easy task, and we could use the support of the wonderful Auroville Community. Therefore, we cordially invite you to join us on Sunday, 9 July at 10am for a special Dog Wheelchair Assembly Workshop. Your participation will not only be a valuable contribution but also a great opportunity to spend time together, learn about our paraplegic rehabilitation program. For our youngest dog lovers, we have lots of puppies waiting to enjoy playtime!

See you at the workshop!

Thanks, Arthur for Auroville Dog Shelter



ANIMAL CARE JOB

Are you a passionate dog lover looking for a rewarding animal care job?

Join our dedicated team at the Auroville Dog Shelter!

As we are upgrading the level of care for our dogs and have lots of new and super interesting projects in the pipeline, we are seeking individuals to support us in providing the best possible care for our dogs.

- We are seeking:

Position: Animal Caretaker

- Working Hours: 4 hours per day, 6 days a week
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals and enjoying physical work

Position: Social Media Person

- Working Hours: flexible, work from home possible
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals, experience with social media marketing, skills in graphic design

If you have a genuine love for dogs and are eager to make a positive impact, we invite you to join our team!

Thanks a lot! Auroville Dog Shelter, Arthur



Theatre

CHRONICLES OF THE IMMORTAL PROFESSOR

July 7 & 8, 2023, 7pm
@ CRIPA, Kalabhumi

Auroville Theatre Group
in association with Urab Theatre Company
presents the play



The play is a free adaptation of 'The Lesson' by Eugene Ionesco. The play is performed in an expressionistic and absurdist style.

The play deals with common people in a deteriorating system that are trained to be conforming adults through the use of rewards and punishments as a means to create and shape individuals, suppressing dissent. The play is a comedic parable of the dangers inherent in indoctrination, satirizing the 'clean image' put forward in the society.

The central character 'Professor' represents more than what his title suggests. The absurd plot of the play focuses on a timid professor who manipulates the meaning he assigns to words to establish tyrannical dominance.


'The Chronicles of the Immortal Professor' is a solo play with a duration of 80 mins. The play is recommended for audiences above 13 years old. We have prepared an expressionistic, absurdist and comedic performance for everybody with an open mind. Entry is free for everyone.

• Actor on stage—Visak Bazi
• Light—Ajith Chandran
• Music—Sarath Meraki
• Script, Design, Direction—Rohit Xa

Jill

KALAKENDRA PRESENTS

Dawn of Auroville



Kalakendra - Bharat Nivas
Presents

The Dawn of
Auroville

Inauguration: 5.30 pm
Date: Saturday 17th June 2023
Venue: Kalakendra Art Gallery - Time: 9am - 5.00 pm
Office Contact: 0413 2622488

**N.B: DUE TO THE PROPOSED VISIT OF THE
PRESIDENT OF INDIA THE DATE MAY CHANGE**

Parking outside the Main Bharat Nivas Gate

- Venue: Kalakendra Art Gallery.
- Office Contact: 0413 2622488


A permanent photographic exhibition with basic information on the conception of Auroville, its inauguration, and the beginning of Matrimandir till November 1973. It has been curated by Sri Aurobindo Ashram Archives in collaboration with Auroville Archives and Bharat Nivas.

- Parking outside the Main Bharat Nivas Gate.

The Great Cholas

Photography Exhibition by Artist R. Manivannan

- 1—30 July



G20 India 2023 | Auroville | Bharat Nivas

THE GREAT CHOLAS
Photography Exhibition

Artist: R. Manivannan

Chief Guest:
Kalaimamani, Sir P. Dr. P. V. PRABAKARAN
Ministry of Palkalakkoodam, Pondicherry.

Guest of Honor:
Dr. PRAMANATHAN, D.D.S.
Ramanathan Dental Clinic - Mannargudi & Thattavai.

Inauguration on Saturday 1st July 2023 @ 4.00 PM
Venue: Kalakendra - Bharat Nivas
Pavilion of India - Auroville - 605101.
Phone: 0413 - 2622488 / Mob: 9787880211

We request your presence for a successful inauguration.
You are cordially advised.

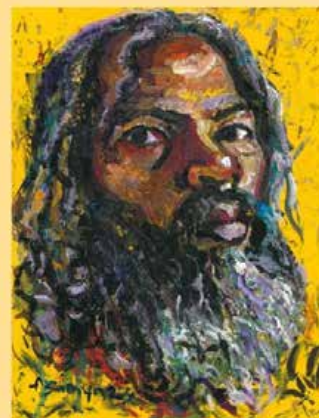
Exhibition: 01-07-2023 to 30-07-2023
Gallery Visiting Hours: 9 AM to 4.30 PM (Sundays: 9 AM to 1.00 PM)
RSVP: 9043562566

- Gallery Visiting Hours:
 - 9am—4:30pm
 - Sundays: 9am—1pm

9043562566, Regards, Vani, BN Cultural Team

Kalakendra - Bharat Nivas
Presents

Art Workshops by Experience Artist Sathya Arunachalam



Workshop Details: Specialtechnic with Blue metal, Jute fabric, Cotton, Textile, Leaf dipped into colour & Coconut fibre

- July onwards, Every Day
- 10—12:30pm & 2:30—4:30pm
- Contact: 0413 2622488 & Sathya, 9080371145

Regards, Vani, BN Cultural Team

FEMININE DANCE CLASSES IN CRIPA

Feminine Dance classes in Cripa, based on Tribal Fusion and Belly Dance freestyle and combination With 'Masala' music from all over the world, any woman and girl can dance.



- Tuesdays : All Levels.
 - Girls: 4—5pm
Starts again on July 11
 - Women: 5:30—7pm
- Saturdays: Beginners, 11am—12pm

Renana, +91986544472 WA

RED EARTH RIDING SCHOOL

Is Offering Free Riding Classes

Red earth riding school is very happy to announce that every tuesday, Red earth riding school is offering free riding classes for Auroville kids, and the timings are mentioned below:

- Morning: 6—8am
- Evening:
 - 4—5pm (pony walk)
 - 5pm—6pm (riding classes)

You can also choose morning or evening with refreshment and swimming. You are most welcome to explore the riding horses and enjoy the experience.

Office timing

- Morning: 9:30am—12:30pm
- Afternoon: 2—5pm

Contact

- 04132965242, redearthridingschool@gmail.com

Kalivarathan for Red Earth Riding School



AUROVILLE TANGO ACTIVITIES starting July



Monday, Class
7pm intermediates
8pm beginners

Wednesday, Practica
7:30pm guided practica
8pm practilonga

Friday, Open Source
6:30-8pm



Venue: Harmony Hall, Bharat Nivas
No partner required, bring socks or dance shoes
and plenty of cheer!

+91 98211 66082, tango@auroville.org.in
Submitted by Aurevan

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, Wednesday and Saturday
9am—12noon,
starting from Solar Kitchen



Indian cooking

- Every Monday to Friday after 5pm
at Creativity.
- Every Saturday and Sunday,
10am to 5 pm



Thai Massage

- Every day at Creativity

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

Rupavathi Joy

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking
for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com. Mani



ABHAYA OFFERS MARTIAL ARTS CLASSES

Abhaya is and Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former pro-fighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the efficiency of the techniques, but also develop an inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.



Our Regular Classes

- Monday 5:30pm: Neijia (internal martial arts) and self defense
- Wednesday 5:30pm: Grappling and MMA
- Friday 5:30pm: Kickboxing and K1

Contacts

- abhaya@auroville.org.in, 9487340778 WA
- Check our work and follow us here: https://www.instagram.com/giacomo_writer_auroville/



Thank you,
Giacomo for Abhaya

FOOD FOREST TOUR





SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact
Mani, +91 8637633696

Submitted by Mani

SALSA DANCE CLASS

- **Beginner Class:**
Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:**
+918637633696

Mani, @bakisata_dance



BAMBOO CENTRE



July Workshops 2023

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

Training and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- **Daily: Make and Take Hands On Workshops,**
Experiences and Educational Tours available

One-Day, Make and Take Workshops

Furniture Workshop

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

9am—12:30pm, 1:30—5pm

Every day except Sunday

- Registration one day in advance.

Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Walk-in registration available

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Walk-in registration available

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Walk-in registration available

Bamboo Tree House Workshop

- 6—8 July, 9am—5pm

This workshop focuses on Bamboo and Tree house construction from bamboo and various natural materials .

The Bamboo Tree House workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo Nature Camp at Kodaikanal

- 27—30 July, 9am—5pm

This workshop focuses on construction from bamboo and various natural materials .

The Bamboo construction workshop will take place over 4 days, covering full day intensive sessions offered daily from 9am to 5pm.

Contacts

- For more information, special requirement, and pre-booking contact:
 - Preferred bamboocentre@auroville.org.in
 - or +91 8300949081, 0413 2623806
- Flexible training dates offered to groups
 - Contact: Voice call and WA: 8300949081, bamboocentre@auroville.org.in

www.aurovillebamboocentre.org

Thanks and Regards, Murugan

SOUL OF SOIL

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture



Conscious and Cultural Tour Experience Program

Make and take handson workshops

Bamboo Musical Instrument	Bamboo Jewellery
Bamboo Toys	Clay Modeling
Terracotta	Incense Making
Paper Mache	Lampshade
Kolam Mandala Painting	Palm leaf craft
Coconut shell craft	Stone Carving

Daily: Make and Take, Hands-On Workshops at Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)

- Advance booking is necessary
- Contact: preferred mohanamprogram@auroville.org.in, or call +91 8300949079
- 10am—4pm, Every day except Sundays

Mohanam campus tour

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, sound healing, hands on make and take—art and craft workshops at bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti library, local traditional lunch, herbal tea.

- 10am—4pm, Every day except Sundays

Mohanam Sound healing

Book your sound healing session/ south bath for groups at Mohanam village heritage centre. A journey into silence, voice, movement and meditation inspired by nature and rhythmic waves we dive into an inner exploration of embodiment and expression. Union of mind, body and spirit through celebration of sound to enhance the sense of balance and reconnect one to their own consciousness.

- Advance booking is necessary
- Contact: preferred mohanamprogram@auroville.org.in, or call +91 8300949079
- 10am—4pm, Every day except Sundays

Saree & Veshti Experience Tour

Let the magic of saree & veshti adorn you!

Choose a saree and veshti from a variety of beautiful saree and veshti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape/ wear the saree & veshti. You can ask us for a photo-shoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience

- Advance booking is necessary
- Contact: preferred mohanamprogram@auroville.org.in, or call +91 8300949079
- 10am—4pm, Every day except Sundays

Conscious and Cultural Tour Experience in Auroville

The future of the world (Integral—Consciousness—Responsible—Education—Empowerment Sustainability)

- Bio region village & temple tour
- Bioregion historical/ monument/ heritage educational tour
- Auroville Forest tour
- Auroville Farm tour
- Auroville North-West experience
- Auroville entrepreneurship tour
- Includes Tea and snacks, Duration: 2hours.
- 1-day advance booking is necessary
- Day & Timing: Every day 10am—5pm

Auroville North-West Cycle Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- Every day 10:30am—1pm, except Sunday
- Meeting/ Starting Point: Visitor center, 1-day advance booking is necessary for group bookings (for single bookings at least before 10am)
- For Bookings: mohanamprogram@auroville.org.in or call us at: +91 8300949079

Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles. The route shall include the following destinations Includes Tea and snacks, Duration: 2hours.

- 1-day advance booking is necessary
- Every Saturday & Sunday, 6—8am

Saturday evening Aurosanthai market

Indo African Drum Circle with Food & Campfire

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes.

- Every Saturday between 6 to 7:30pm (Pre-booking is mandatory),
- Venue: Mohanam Village Heritage Centre,
- For more information: mohanamprogram@auroville.org.in or call us at: +91 8300949079

Kolam Village Walk

Join for Spiritual Kolam walk and let the inner spirit and emotions lead the flow of Kolam. Enjoy the Delicious Tamil breakfast after the small trip inside the village, early in the morning made by local women to support them economically.

- Meeting point: Mohanam Heritage Village
- Every Friday, 6am to 8am
- Facilitator: Mohanam youth
- Contacts: mohanamprogram@auroville.org.in or +91 8300949079

Thiruvannamalai Eco & Spiritual Services

- Thiruvannamalai—Mohanam Services
- Aurunachala—Auroville
- Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities.

You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

- For more information: mohanamprogram@auroville.org.in or call us at: +91 8300949079

Balu

Looking For

Looking for Office Work

Chandru is looking for office work. He has experience in computers and has english communication skills.

- Please contact Chandru mobile: 9566616759 or email k.chandru@live.com

If you are interested, he can send you his resume.



Thanks, Velu

Looking to House Sit

I am looking for a house or an apartment from 12 July to 10 August, 2023. Even if the dates are not completely concurrent, do not hesitate to contact me. I have already done several house sittings. I can take care of your animals.



Satyayuga (Jean-Luc), +917639761930
ilmalor@yahoo.fr

Looking For A Room

Hi, I'm looking for a room with good natural lighting and ventilation, quiet, no dogs, no peacocks for 2.5 months. Thank you! robertdemito@yahoo.com

Robert



House Sitter For August And September, In The Greenbelt

Looking for a dog loving house sitter that is happy to look after the dog and garden: Aurovilian, Newcomer or Savi volunteer. Single person preferred, but couple possible.

Call or WA 9489601312



Looking for Work

Shankar K. from Matthur is looking for garden or field work. He has also experience with looking after dogs. He has worked in Auroville for 30 years. Recently he lost his workplace due to a change in management. If you are interested, please call him directly (if you speak a little Tamil) 9787756807, or call/WA 9489601312.



Second hand working condition ceiling/pedestal fans

Dear Friends, **Udavi School** is in need of second hand working condition ceiling/pedestal fans to be used in the classrooms at the primary section of the school. If you have ceiling/pedestal fans in working condition and do not use them anymore and want to donate, Udavi School will be happy to use them in the classrooms. If it is necessary and needed a small contribution can be made. On availability you are requested to contact us. We will organise to pick them up. Your contribution will be appreciated Thank you.

Contact details:

- udaviadmin@auroville.org.in or Mobile 9487068021

Regards, Sudhir for Udavi School

Wanted Damaged and Broken Solar Panels

Good day, dear community.

With the ongoing repairs and maintenance happening at the Youth Center Mirco and Sasha would like to inquire if there is anyone out there who would like to get rid of their old, damaged or broken solar panels in an eco-friendly way? They would be incorporated into construction of walls in the tree houses and creating privacy partitions. Perhaps you have some other material that can be used for that?



Please contact:

Sasha: +919047232400, Mirco: +919944025718

Thank you in advance, and have a wonderful day.

Warm regards, Sasha

Clifford Needs a Home

We are trying to find a foster family for an adult male Labrador, his name is Clifford. We are willing to cover the costs for our dog's food and vaccination, and we are also willing to pay you for taking care of Clifford. We would need you to take care of him until we return, this would be for around 3—6 months, however it may still take a little longer before we can come back.



We wish that the person who would take care of him would allow him to live indoors, definitely not keep him in a cage outside in the garden. If you meet all these conditions and are willing to take care of him, please contact us immediately using this email address 3178685954@qq.com.

Thank you! Esther

Available

Bajaj DominAr 400cc Available



Bajaj DOMINAR 400cc + 40k worth of equipments.

Dual ABS brake system, No scratch, no accidents, 17600 km driven, the bike is in amazing condition. PY registration. 2nd service is done, 3rd service should be done around 20000 km.

9786809518 or email us at airconclean.av@gmail.com

Julien

Hero Splendor Available

Hero Super Splendor 125cc for sale. 2019 Model, PY Registration, Single Owner and Insurance valid upto January 2024. Milage 58 to 60 km per Litre

Contact: Aryaman @ NESS office, 7094280071



Madhavi



Taxi Share

From Chennai Airport, Friday, 7 July, 5—6pm

Chennai Airport to Auroville, Friday, July 7, leaving the airport between 5 and 6pm

- Contact: Kumar, +918447181515
kumarsehdev455@gmail.com

Kumar

Taxi to Bodhi Zendo, 11 or 13 July

Is anyone planning to come to Bodhi Zendo on July 11 or July 13? 2 People are planning to leave Bodhi Zendo on July 12, so we can share a taxi.

In case you are interested please send me an email: tineke@auroville.org.in or smits48@gmail.com

Tineke

To Chennai Airport, late afternoon, 27 July

Anyone going to Chennai airport in the late afternoon of 27 July? Or coming from the airport to Auroville, to share a taxi?

Thank you, Umberto Cerasoli

Help Needed

YOUTH CENTER APPEAL

Dear community

As you may remember since May 1st Youth Center's budget has been discontinued (along with three full time maintenance). It was 15,500Rs budget and was used primarily to cover the salary of Vijaya and some of our watchmen. It has



now been three months that we have been exhausting our savings to pay that and an additional maintenance of one of our team coordinators who. To be completely honest we have approached 0 and on September 1st will no longer receive the bridging maintenance. We are doing everything we can to try and organize more events, involve more volunteers, and do jobs. However with the lack of tourism and with much of the community being on holiday our efforts are insufficient. It also so happens that most of our upcoming events might not come into reality as they are planned for August (the international youth day festival) and November (international Kids day). There are more

options we are currently initiating but our primary hope is the support of the people from the Auroville community. We reach out to everyone and anyone who loves and cares for the Youth Center and it's future. We have established a wonderful team who are fully invested into taking Youth Center to new heights becoming an irreplaceable part of the community. It is our most strong belief that all this is only a stumble not a fall.

- If you would like to help us make it through this financial conundrum please contact
 - Sasha: +91 9047232400
 - Mirco: +919944025718
 - Deep: +919488494930
 - Cheenu: +918270404258
 - or Lili: +919585942813
- or make a donation to our FS acc.: 0099
- and spread the word.

We also would be more than happy to invite you to our 'Pizza night' on **Saturday at 7pm** and starting from **12 June** also 'Pizza night' on **Wednesday at 7pm**.

With Love and Gratitude, Youth Center team.

Work Opportunities

AUROVILLE EARTH INSTITUTE



Job Description: Admin Secretary

- **Training course coordination—On campus + Online**
On-Campus
 - Emails, Phone calls and Follow ups
 - Registration to the course
 - Feedback Updates, MS word, google doc and Summary
 - Documentation of trainees like clicking photos during course

Online

- Creating student accounts and tracking progress
- Sending out course-specific emails on course dates and course completion requirements
- Troubleshooting technical problems and answering basic questions by email and in the course forum
- Issuing certificates to those who complete a course
- **Secretary Job**
 - Emails, Phone calls
 - Publication sales
 - Helping walk in visitors with needed information
- **Assisting for various office works**
 - Office purchasing
 - Collecting bills from various units in Auroville or around when needed

Languages: Tamil, English and any other language is plus

Software: MS Word, MS Excel, Photoshop (Moodle or other open-source platforms and other software are plus)

Job Description: Assistant Trainer

- **Assisting in training courses on CSEB and other AVEI techniques**
 - Getting trained to conduct the practical training courses
 - Getting trained to use and quality check the Auram press

- **Assisting in research on various earth AVEI techniques**
 - Identification of soils
 - Casting samples to be tested
 - Conducting various series of tests
- **Supervision of construction sites**
 - Daily supervision on site
 - Management of workers
 - Supply of materials
 - Campus infrastructure maintenance

Languages: Tamil, English and any other language is plus

Software: MS Word, MS Excel is plus

*Warm regards, Malavika S Nair,
Auroville Earth Institute*

AWARE Auroville

Opportunity for Newcomer/Aurovillian with a passion for media and communications.

- **Full Time** (Maintenance is possible)

AWARE aims to promote human unity through effective communication and collaboration. We focus on various aspects of Auroville, including spiritual, cultural, social, economic, organizational, and ecological aspects, to help Auroville realize its vision.

AWARE is unique in its conscious approach towards communicating actions, collecting insights, ideating different approaches, and innovating the most appropriate way to communicate. AWARE offers its services on a free and fair basis and is run by Auroville residents to provide authentic information.

Skills and Knowledge desired

- The ability to work well independently and within a team
- Strong written and verbal communication skills
- Creativity and innovation
- Management skills
- Basic understanding of web and social media promotion
- Problem-solving abilities
- Medium level IT skills

Above all we need someone who is driven by Auroville's vision and feels the need to communicate this in the most sincere and earnest form to the world.

- aware@auroville.org.in, 98100 52574 WA

Warm regards, Nilima

Honorary Voluntary

UDAVI SEEKS VOLUNTEERS

Kitchen, 8:30am to 11am at least
Every day, Monday to Friday

Dear Friends, at Udavi School we need volunteers to help in the kitchen for cutting vegetables from 8:30 am to 11am at least. We cook simple south Indian meals for our children every day, Monday to Friday.



If this is something that interests you please get in touch with us for further information. Thank you for your support and help. **Contact details:**

- udaviadmin@auroville.org.in or Mobile 9487068021

Regards,
Sudhir for Udavi School

NEW CREATION CRECHE NEEDS A VOLUNTEER

Dear Friends, New Creation is a project to help village's families by providing to the people a free creche and kindergarten service. We are looking for 1 volunteer teacher to join our team.

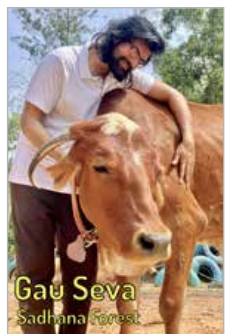


If you want to know more about our work, what we are doing here and what is possible to do

- please contact Anand our school manager 9363223552 or auro-child@auroville.org.in.

With love and light,
Anand

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

Foods, Goods and Services

FREE STORE OPENING TIMES

Morning hours:

- Monday to Saturday:
8:30am—1pm

Afternoon hours:

- Tuesday and Thursday:
2:30pm—4:30pm



We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

At Her Service,
Kamala For the Freestore team

HIVE'S OPEN HOUSE

Friday, 7 July, 10am—5pm

Join us at Hive's Open House on Friday, 7 July 2023, from 10am to 5pm! Experience the vibrant coworking space designed to inspire productivity and growth and that fosters collaboration and creativity.



We welcome you to try out our coworking space for free and see the difference. We will have free internet.

Visit our website at www.auromode.in/hive-coworking for more details on our plans and facilities.

- For inquiries, feel free to reach out to us on
WA 7092197375/ 9042759540.



We can't wait to welcome you to our thriving community!

Facebook: <https://www.facebook.com/auromode.hive.9>

Instagram: https://www.instagram.com/auromode_hive/

Google Map: <https://goo.gl/maps/Kj1qebb6PowiQX2m9>

With Best Regards, Dhes, Auromode HIVE Team
Auroshilpam, Auroville

FOR YOUR NEXT HAIRCUT



For your next haircut and/ or a relaxing beauty care for your hair appointment, contact:

Ahana @9751513906 (WA, Signal and Telegram only) or essence.touch@yahoo.de

Ulrike

AIRCON AIR CONDITIONING CLEANING SERVICE

Aircon Clean offers a comprehensive Air Conditioner cleaning service known as Jet Service.

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump. After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

- Contact Aircon Clean now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien



LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Due to the road construction you can only reach us via the Garden Entrance of Kalpana opposite Humanscapes

- Our e-mail address has changed to travelshop@inside-india.com, landline 2623030

Mr. Ganesh our Travel Consultant

- Will be at our Kalpana office at 10am—4pm, Monday to Friday.
- He can also be contacted any-time:
+91 9894598686, phone or WA
- or by email: travelshop@inside-india.com
- Emirates offers are available from Chennai to Frankfurt, Paris.
- Srilankan airways special fares from Chennai to Paris, London.
- Etihad airways offers fares from Chennai to Frankfurt, Amsterdam, Milan, Rome
- Qatar Airways offers flights from Chennai to London, Barcelona, Dublin, Paris, Helsinki, Frankfurt, Stockholm, Amsterdam, Madrid, Milan and Rome.
- Oman airways has special fares from Chennai to Milan.
- Air Vistara offers 2 pieces of 23 kg each, from Chennai to Frankfurt, Paris with special fare.



Joster

REPAIR

of Air Conditioners, Fridges, Washing machines and Appliances



Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowledge through looking after and repairing all kinds of machines.

He happily repairs your machines and appliances. Contact:

- +91 9443493025 phone, SMS, WA

Jagdishaan

ARKA'S KITCHEN IS OPEN FOR LUNCH

We are happy to inform you Arka's kitchen is open to receive its guests, open for lunch Monday to Saturday

- AV/NC @ Rs.200/-
- Guest Rs.250/-
- children Above 10 Years 1/2 price.

Lunch timing 12:15 pm to 1:30pm.

- Pre Booking is required (Please call one day before on this number 0413 2623799 in office timing: Morning 8:30am—12:30pm & Afternoon 2—5:30pm.

Please follow us on instagram page Auroville Arka .

Thanks & Regards,
Ramana, Arka

RED DOT CAFE AT UPASANA

Low carb office lunch. Vegan option available. Sign up for a lunch scheme, perfect for a Group lunch meeting.

- +91 9962197716,
upasanared.cafe@gmail.com



Submitted by Uma

DROPZY



Dropzy

Dropzy is a delivery platform for Auroville units and services working in the following categories.

It is similar in features and functions like many other delivery apps that you would be familiar with and using in your day to day life. 150dpi reaches out to all the units and services working in the food, groceries, medicines, bakery, body care and home decor to register for this platform.

Dropzy is a service offered by 150dpi, although not being for profit, but will include a nominal yearly subscription fee that goes towards improving and maintaining the software. We offer interested units and service a 'one month free trial' of Dropzy.

- 150dpi will train the designated staff member to manage the Dropzy platform and provide continuous support.
- 150dpi has reached out to ITS (Integrated Transport Service) to partner with us to handle the delivery and logistics.
- Do contact us on 8098144686 or hello@150dpi.com to register on Dropzy.

Sathish Arumugam For 150dpi,
Auroville Activity since 2010



150DPI DIGITAL SOLUTIONS



Sathish For 150dpi.
8098144686, hello@150dpi.com

POUR TOUS WATER

Free Service To The Aurovilians



Dear Friends, Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all).

The service and labor is free. If material is necessary for your work, the city service advances it, and you are paying to the collection account, which is going back to City Services only to cover the material cost.

All service transactions are through Financial Service accounts, we do not handle cash for the services and appreciate you helping us with this. Pour Tous Water keeps plumbing materials on hand for emergencies to save money on petrol and avoid time-consuming round-trips to the store.

- For plumbing and water works, please contact us at Pour Tous Water's office numbers: 2622899, 9843644308, and ptw@auroville.org.in.

Sincerely, Grace, for Pour Tous Water

SOLITUDE FARM BASKET SERVICE

For many years Solitude Farm has run a basket service where we provide a basket of fruits and veg, and greens on a weekly basis.

In this summer season we have papayas, soursop, pineapples, jackfruit, mangos sometimes, guava, a little later there will be chikoos and there are also various vegetables such as beans and, bottle gourd, pumpkin, brinjals, capsicums, spinach and a bag of mixed greens that we use for Salad at the farm cafe.



If you have a connection to Tamil culture, there are banana flowers, sundakkai (turkey berry), banana stem, green mangoes and more. There is even a juice kit with flowers and leaves that make delicious coolers.

The produce changes through the seasons and we invite participants to come and learn from us how to use produce such as jackfruit seeds or bread fruit, green papayas etc.

- The baskets can be picked up on either Monday, Wednesday or Friday.

The pricing changes depending on how long you subscribe for. A one year subscription is much cheaper than a one month subscription. The baskets are generous in size and can weigh up to 8 kgs, the more you understand local foods, the more produce we are able to give!

If you would like to eat food that has no carbon footprint and does not harm Mother Earth, food that is equally tasty and also reflects the values of Ayurveda, often addressing problems such as Diabetes and other such diseases, then the basket service is a great local solution for sourcing organic and most importantly local produce.

- If you would like to sign up for the basket or the lunch scheme at Solitude Farm Cafe, please contact us:

solitudepermaculture@gmail.com
9843319260 WA, Solitude farm & café
Auroville, Krishna

Voices and Notes

PITILESS

As we have come to engage in this City of Dawn, here's a sliver of guidance from Sri Aurobindo and the Mother, the Avatar founders of Auroville, for your perusal and contemplation:

- https://sri-aurobindo.co.in/workings/ma/agenda_11/1970-03-14-01_e.htm¹

The "Consciousness" that the Mother speaks of is the Supramental Consciousness-Force:

"And the action of this Consciousness..."

"But this Consciousness is pitiless. ...so we may learn our lesson."



Here's a knowledge base of most of their writings and guidance for more in-depth understanding of what on Earth is happening...

- <https://sri-aurobindo.co.in/>
"...and meanwhile, the best course is to consecrate oneself entirely to the Divine."
"...to live in Auroville, one must be a willing servitor of the Divine Consciousness."

And so, the easiest and most joyful path for the human instrument, the Sunlit Path of Surrender: Bhakti to the Supreme Divine whom guides with the Divine Knowledge and acts through Divine Works:

The triune Bhakti-Jnana-Karma Yogas of Integral Yoga.

"The aim of human life is to discover the Divine, and to manifest it."

"The function of the psychic being is to offer all to the Divine for transformation."

¹ "So then, I really saw—saw, understood—that the work of this [Supramental] Consciousness (which is pitiless, it's not concerned whether it's difficult or not, probably not even much concerned about apparent damage) is for the normal state to cease to be this thing which is so heavy, so obscure, so ugly—so low—and for the dawn to come... you know, something dawning on the horizon: a new Consciousness. That something truer and more luminous."

Zech, 2023.06.29

TO BE OR BECOME SOMETHING

To be or become something, to bring something into being is the whole labour of the force of Nature; to know, feel, do are subordinate energies that have a value because they help the being in its partial self-realisation to express what it is and help it too in its urge to express the still more not yet realised that it has to be. But knowledge, thought, action, — whether religious, ethical, political, social, economic, utilitarian or hedonistic, whether a mental, vital or physical form or construction of existence, — cannot be the essence or object of life; they are only activities of the powers of being or the powers of its becoming, dynamic symbols of itself, creations of the embodied spirit, its means of discovering or formulating what it seeks to be. The tendency of man's physical mind is to see otherwise and to turn the true method of things upside down, because it takes as essential or fundamental the surface forces or appearances of Nature; it accepts her creation by a visible or exterior process as the essence of her action and does not see that it is only a secondary appearance and covers a greater secret process: for Nature's occult process is to reveal the being through the bringing out of its powers and forms, her external pressure is only a means of awakening the involved being to the need of this evolution, of this self-formation. When the spiritual stage of her evolution is reached, this occult process must become the whole process; to get through the veil of forces and get at their secret mainspring, which is the spirit itself, is of cardinal importance. To become ourselves is the one thing to be done; but the true self is that which is within us, and to exceed our outer self of body, life and mind is the condition for this highest being, which is our true and divine being, to become self-revealed and active. It is only by growing within and living within that we can find it; once that is done, to create from there the spiritual or divine mind, life, body and through this instrumentation to arrive at the creation of a world which shall be the true environment of a divine living, — this is the final object that Force of Nature has set before us. This then is the first necessity, that the individual, each individual, shall discover the spirit, the divine reality within him and express that in all his being and living. A divine life must be first and foremost an inner life; for since the outward must be the expression of what is within, there can be no divinity in the outer existence if there is not the divinisation of the inner being. The Divinity in man dwells veiled in his spiritual centre; there can be no such thing as self-exceeding for man or a higher issue for his existence if there is not in him the reality of an eternal self and spirit. To be and to be fully is Nature's aim in us; but to be fully is to be wholly conscious of one's being: unconsciousness, half consciousness or deficient consciousness is a state of being not in possession of itself; it is existence, but not fullness of being. To be aware wholly and integrally of oneself and of all the truth of one's being is the necessary condition of true possession of existence. This self-awareness is what is meant by spiritual knowledge; the essence of spiritual knowledge is an intrinsic self-existent consciousness; all its action of knowledge, indeed all its action of any kind, must be that consciousness formulating itself. All other knowledge is consciousness oblivious of itself and striving to return to its own awareness of itself and its contents; it is self-ignorance labouring to transform itself back into self-knowledge.

Life Divine by Sri Aurobindo, Submitted by Soham

Poetry

THE EXPERIENTIAL PLOY 3

I in my apprentice-wisdom draped,
 have things to say about things,
 things that belie the conspiracy that goes on
 in search of the Reasonable Other.
 I have things to say about the thingness of things
 and about the nothingness of nothing,
 and about the termination of things seen
 at the many-splendored tumult of the lone.
 For at the moment when blessed things
 take on all that has become so clearly cursed
 and profane things become at last redeemed
 the very nature of belief is gathered
 with all things in, dispersed with all things wide.
 All in this new and holy stance
 old things lose the very thingness of old things,
 become things new, things clear,
 things newly uttered; all things,
 otherwise opaque, brighten, are lifted up
 into being; all things turn innocent, experiential.
 Times change and thingness changes with it.
 Even when nothing moves
 and no thing changes place
 the parts stay incommensurate with the whole...
 O the air is pungent with my foolishness
 as I strive to speak of what I only know.
 My knowledge is all empty, lost in words; only
 my foolishness recognizes what makes things things
 and nothing nothing.

1987, Navoditte

A CHOSEN OPTION

This Universe of limitless possibilities
 Is based on The Play of Consciousness
 And of spectrumed individual choices.
 The Divine Supramental Manifestation
 Was simply a possible chosen option:
 A possibility that is now certain.

Zech, 2023.07.02

And More Voices

FOREST GROUP UPDATE REPORT

3 July 2023

The FG would like to inform the community that they are very disappointed and distressed at community members Chandresh and Torkil, and the GB FAMC for supporting them in their recent communication and action. After withholding the Forest Budget, which supports 60 employees from our neighboring communities, this communication states that their budget has been suspended. It also states that over 40 Aurovilian personal maintenances (some full/ some part-time) will also be stopped at short notice. It should be noted that some of these Aurovilians have dedicated their whole working life to protecting and developing land for Auroville. For transparency, please read carefully the mail they sent to a few members of the FG and the FG's reply. We are really hoping for community support to ensure this callous action is reversed.

Faithfully the Forest Group

FG reply to email received by a few foresters

Dear Torkil and Chandresh, and other
 members of the GB elected FAMC,

It is with great concern that we write this mail to you. Since mid last week, Wednesday, 21 June, 2023, a few members of the Forest Group have received the mail copied below. This mail has not been received by all members on the Auroville Forest Group via mail Id forestgroup@auroville.org.in.

However, the ramifications of the shocking content of this mail, along with those not receiving it and not being aware that their subsistence will be cut within a week, are very alarming. The threat of cutting personal maintenance of 50 Aurovilians and 60 salaries of employees at such short notice will put 110 people under duress and could have extreme psychological effects. The threat of cutting of our Forest Care budget, which solely goes to paying salaried employees wages, puts dedicated residents of our neighboring villages, who are mostly living on the breadline, under extreme pressure to feed their families.

One wonders how two people with no financial worries could put so many people in this situation.

Also, the sudden cutting of salaries of employees may also have legal consequences, as the mail does not detail the timeline of the FAMC for forwarding the 60 employees entrenchment compensation and for 49 out of the 60 who have been employed more than 5 years, their gratuity package, all this according to the 1947 Indian labor laws.

It is also deeply concerning and surprising to read in your mail the following statement: 'FAMC over the last year has tried numerous times to get into a dialogue with the green workers, but with little or no result, often not even willing to meet. The old Forest Group does not seem to have any willingness to change and be part of a fast developing Auroville according to its purpose.', as we attended a fruitful meeting with Madam Secretary and the FAMC on 27 February at the Auditorium Bharat Nivas. A meeting in which you, Chandresh and Torkil, did not attend yourselves.

This meeting has been video recorded and starts with a powerpoint presentation called 'FAMC meets the Farmers & Green buffer & Park Zone' presented by Geeta and the Madam Secretary. Approximately 80% of Forest Group members attended this meeting, a lot of information was exchanged and the movement of our present accounting to a more CAG oriented system was agreed upon and instigated.

As you have been supplied with all our accounts up to date (including full accounts FY 2022—2023 plus May 2023), you must be aware of how the forests are financed and understand the ramification of what you are proposing in your mail.

We therefore request a meeting with you ASAP to reassure us that you will:

- Make payment of our overdue monthly City Services Forest Care budget for June 2023, so that salaries to 60 employees of Auroville can be paid.
- Make timely payment of the City Services Forest Care budget for July salaries for our 60 employees.
- Ensure that the maintenance of Aurovilians, full time or half time involved in Forest Care, are transferred to our personal Financial Service accounts at the latest on Monday, July 3, 2023, so that your Aurovilian sisters and brothers are able to provide their families with basic needs.

Looking forward to hearing from you soon,
 The Auroville Forest Group

Mail received by a few foresters on Wednesday, June 21, 2023:

Dear Aurovilians,

The management of Auroville's green areas has deep historical roots, with reasons for structure and functions that might have been valid in earlier times. It has over the years become disconnected from Auroville as a City and the Master plan, and some work and management have been contrary and on a collision course with these plans and Auroville's larger purpose.

FAMC over the last year has tried numerous times to get into a dialogue with the green workers, but with little or no result, often not even willing to meet. The old Forest Group does not seem to have any willingness to change and be part of a fast developing Auroville according to its purpose.

A new Green Service has been established, but no dialogue seems possible. To get out of this impasse FAMC see no other option than to stop transfer of maintenance as well as recurrent budget from City Services from June 2023. We hope that you will come forward to collaborate with Green Service and FAMC in establishing a united green service where small individually managed steward-shipped areas are abolished, giving way for a more efficient collective management for all green areas in Auroville. We understand that this is a difficult transition. It had been overdue due for many years, which makes it even harder now. But we see it as a necessary step.

We understand that this transition can be difficult for some individuals. In case of individual financial problems you can approach City Services for temporary support.

**In Her Service, Auroville will boldly spring
towards future realizations,
Chandresh and Torkil for FAMC**

OBSERVATIONS ON RECENT BUDGET CUTS

The RA BCC has been made aware of a 100% budget cut to the Forest Group (all Maintenances and salaries) and a budget cut of over 75% to the Farm Group (all Maintenances previously allocated—whether half or full—have been reduced to a care package, which is the equivalent of a quarter Maintenance). These cuts were communicated to only a few members of either group, in emails signed by only two members of the FO FAMC, and implemented immediately. Maintenance support to children has been cut alongside that of their parents in the case of Forest Group, although this was not mentioned in the FO FAMC's communication.

In light of these significant budgetary cuts, we would like to remind the community that the RA BCC held a community budgeting process in early 2022, to get inputs on budgetary priorities. We wish to highlight that Farms/Food and Social Support (Maintenances) were amongst the highest budgetary priority areas, to receive more financial support from the City Services budget if needed/possible. Forest was considered to be in the mid-low priority range for increased funding. At the time, Forest was receiving 5.8% of the City Services Budget, and Farms were receiving 3% (CS Report FY 2020—2021). The full report of the outcomes of the community budgeting process is available here..

So far, a total of 121 adult Aurovilians have seen their Maintenance support cut by the FO FAMC and BCC, amounting to 13.6% of the Aurovilians supported by a City Services Maintenance just before the RA FAMC and RA BCC were replaced by these groups (888 in total, CS Report FY 2021—2022). This is the first occasion at which Childrens' Maintenances have been cut as well—despite the fact that the RA FAMC and RA BCC had amended the Childrens' Maintenance guidelines in October 2021, making all children eligible for this support regardless of the Maintenance status of their parents.

To our knowledge, no Bridging Maintenances or gratuity settlements have been made available to the Aurovilians and employees impacted, as would have been standard procedure. Gratuity for employees of budgeted services

was previously routinely paid for from the City Services Budget, which included a Gratuity budget head and a dedicated FS account to hold these funds.

We believe that the community needs to be informed of these critical developments, which have not been publicly communicated by those deciding and implementing them.

**In service, Aurosugan, Danny, Enrica, Hans,
Mahi, Sacha, Suryamay, Verena**

Poetry

WELCOME TO THE ETERNAL GAME

Hey, I heard you won this
game
Where you got to make a
choice
To go anywhere in the
multiverse.
So again you are here my dear
Welcome to this hologram of a
planet
Whom the earlier gamers call
Earth.
You are trying your best to
remember
Not easy as a human babe
was your avatar
Your memory replaced by this
culture.



It's good you are remembering more
That down you went into the rabbit hole
In here are magic mirrors on the wall
Reflecting yourself but in different forms
Morphing in wild spontaneous fashion
In space-time never in one position.
Some mirrors are rooted as if stuck,
Some move slow, some zoom about
Looking at some other mirror
To run away from or devour
So they can move on and evolve.
Lucky you, having survived so far
Looking for more answers here you are
Finding yourself in this special lair
Of the Dual Supramental Avatar
Sri Aurobindo and the Mother.
You must be blessed by a divine force.
So just hang about ready for a choice
As this is the only requirement here:
To choose, either muddled or clear.
Each choice is an action with a reaction
An eternal feedback loop of motion.
Remember, this is a world of mirrors
Wherein you are all who you encounter
Just more hastened and intense
As this is the cradle of the transitionals
Preparing this planet for the new species
That will bring about something else
A more freed and divine experience.
So welcome to this City of Dawn
On this Earth coming soon
A Life Divine.

Zech, 2023.06.30

Classes, Workshops & Healing Arts

KOLAMYOGA

Starting in August Integral Basic KolamYoga live training with Grace Gitafdelila

- **Once a week 9am—1 pm,**
4 sessions a month,
covering 12 sessions
over 3 months,
August, September and Oktober.
- **Introduction Video**
<https://youtu.be/IErbDiGJVTa>
- **KolamYoga website:**
<https://www.kolamyoga.com>
- **Social media**
 - <https://www.instagram.com/kolamyoga.av>
- **Contact:** info@kolamyoga.com, +91 8072449091
 - **Address:** KolamYoga Sharanga right gate , Auroville



WORKSHOPS by Sehdev Kumar

- **Freedom from Fear**
Saturday, 8 July, 2—4:30 pm
- **Yoga of Forgiveness**
Saturday, 15 July, 2—4:30pm.
- **Peace Within: Peace Without**
Saturday, 22 July, 2—4:30pm



Freedom from Fear

- **Saturday, 8 July, 2—4:30pm @ Vérité**
- Fear has an apocalyptic power; it can sap all energy, and make everything inert and lifeless.
- Fear of Losing Face
 - Fear of Loneliness
 - Fear of Love & Intimacy
 - Fear of Failure
- How can one live with full intensity and with all ebbs without knowing what fears the mighty river of one's life?
- Register: +91 7867805812

Dr. Sehdev Kumar, Professor Emeritus, Canada

Author, Poet, Mediator, Author of
Lotus in the Stone: Explorations in Dreams & Consciousness, Kabir: *Ocean in a Drop*,
7000 Million Degrees of Freedom

RELAXING OIL MASSAGE



Relaxing oil massage to reconnect body and soul.

- Full body, 90 minutes.

On donation for aurovilians, newcomers and volunteers.

Best regards, Umberto, 7598331379

HALF-DAY VIPASSANA COURSE

Every Sunday, 8:30am—12:30pm

@ Udavi School

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10-day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

- **Date:** Every Sunday
- **Timings:**
8:30am—12:30pm but you can also drop in and join as long as you wish.

No registration is required.

- **Venue:**
Udavi School (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).
- **Contact:** Sanjay Tumati, +91 8790982210WA, sanjay@aurauro.com



Thanks, Laure,
+91 8807434864 mob., +33 695651135 WA

HATHA/ VINYASA FLOW YOGA TTC INTENSIVE COURSE

extends for 300 Hours

**6 July to 1 August, 6:30—9:30am & 3—7pm,
every day except Sunday**



Expand your personal yoga journey and deepen your self practice through practical tools and skills in this 28 day immersion in Yoga with certification from Yoga Alliance.

Key Elements

- **Advanced Asana Practice:** Challenge and expand your physical abilities with a variety of intermediate and advanced asanas
- **Pranayama and Meditation:** Deepen your breathwork and meditation practice
- **Anatomy and Physiology:** Explore the human body in greater detail, delving into the musculoskeletal and respiratory systems, as well as the subtle energy systems related to yoga practice.
- **Philosophy & Yoga Sutras:** Dive deeper into the philosophical aspects of yoga, studying classical texts like the Yoga Sutras of Patanjali, Saiva Siddhantham and more to expand your understanding of yogic wisdom.
- **Teaching Methodology & Special classes:** Refine your teaching skills with a focus on sequencing, adjustment techniques, and effective class management.
- **Practicum and Feedback:** Gain valuable teaching experience and constructive feedback



Don't miss this opportunity to elevate your yoga practice and become a confident, knowledgeable yoga practitioner. Limited spots available.

Best Regards, Bala

PITANGA REMAIN CLOSED



(0413) 2622403 / WA 9443902403

info@pitanga.in

Dear Friends, The repairs and renovations at Pitanga are not yet complete and we therefore have to remain closed for a little while longer.

- We hope to start the activities on Monday, 17 July.

We will publish the programme soon. Meanwhile, please keep resting :-)

With love, from your Pitanga Team.

Submitted by Andrea, for Pitanga



Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions of our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



- Contribution based

Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



- Contribution based

Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



- Contribution based

You can learn more about us and register

- www.angamtree.com/therapies

Warm regards, Angam Tree, Raja Narayanasamy
Celebration Community, +91 97513 95939

angamtree@auroville.org.in

ACTIVITIES BY LAKSHMI

Sound Chakras Healing

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



Benefits: Peace, Calm and Quietude, Mental clarity, Revitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

- Individual session, Couple session, Small group (max 4 people)

Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.



Please contact for an Appointment:

- 8489764602 Lakshmi or
- lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust Lakshmi

ANGAM TREE

Traditional Massage Therapy Classes



Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.

The certificate course has three levels:

1. Basic: 10 Hours
2. Intermediate: 20 Hours
3. Advanced: 30 Hours

Course modules:

1. Varma Massage Therapy
2. Varma Touch Therapy
3. Varma Myology (Muscles)
4. Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com

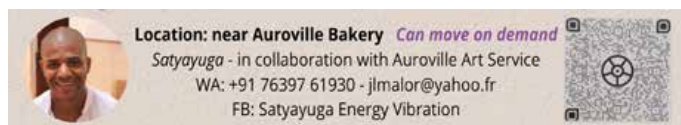
- Kindly share your profile with us:
angamtree@auroville.org.in

We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

- Contribution based

Raja for Angam Tree, +91 97513 95939

SATYAYUGA



Energy Vibration

- **Reiki with Kototamas:** give energy for the wellbeing and struggle against stress
- **QiGong:** work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- **Personal trainer:** using Karla Kattai, conscious muscular exercises and stretching of articulations 1 to 3 people
- **Reflexology:** Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls



- **Nada Yoga Ananda:** Connect to your inner self through Vibrating Chants, @ 4pm for about 2hours.

- Ecstatic Wednesday
- Shamanic Friday
- Sacred Sunday



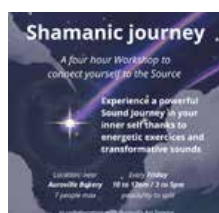
- **Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon.** Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour



- **Tibetan bowls. Gongs. Five Elements Sound Massage.** Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon



- **Shamanic journey.** A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercises and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split



Warmly, Satyayuga (Jean-Luc Malor)



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, July 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday: 3 —4:30pm Tuesday: 5 —6:30pm
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30—8:30am. Friday 5:30—6:30pm, Only by Appointment.
Iyengar yoga	Olesya (TOS), 9159052743	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm.
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, 9943410987, by appointment	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, 9047654157, by appointment	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacoloring	Meha, 9443635114, by appointment,	Monday to Saturday
In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic.	Nadia: 9489035457 Only Appointment	Monday & Wednesday afternoon
Tarot, Oracles and Akashic Records Reading	Valentina (TOS): 9791719387, +39346225804, WA	Monday to Friday (Morning)
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

Thanks & Regards,
 Ramana, Arka, 0413 2623799

VÉRITÉ WORKSHOPS & THERAPY

Pre-registration required
 0413 2622045, 2622606,
 9363624083 WA,
programming@verite.in
www.verite.in



Thai Yoga Therapy with Andres at Vérité

Sometimes referred to as assisted yoga, Thai Yoga Therapy (Nuad Boran) is an ancient technique used to improve the flow of energy throughout the body. The practitioner uses acupressure, stretching, pulling and rocking techniques to relieve tension, promote relaxation and improve flexibility and circulation.

- By appointment: 0413 2622045, 2622606, 9363624083 WA, treatments@verite.in

Restorative Yin & Yoga Nidra: Deep Relaxation for Body & Mind with Emma

• Saturday, 15 July, 9:30am—12pm

The workshop will be divided into two parts. The first one will include theory and practice, where we will journey through conscious relaxation, exploring a contemplative Yin Yoga practice to restore the natural condition of the deep tissues in the body while releasing tension in the physical, energetic, and mental layers. Then we shall transition into a relaxing Restorative Yoga practice which unwinds deep tension helping you to slowly let go of stress and feel more connected to your body. Finally, we shall experience Yoga Nidra — known as yogic sleep — a form of guided meditation practiced laying down, where we move into a deep state of conscious sleep, which is a deeper state of relaxation, taking us effortlessly into restful balance and harmony.

Yoga of Forgiveness with Dr. Sehdev

• Saturday, 15 July, 2—4:30pm

From the Darkness of Hatred & Indifference, to the Light of Forgiveness is a momentous step. From Fear & Festering Revenge, to the Courage of Being is the True Journey of the Spirit. We must let go of what ties us to the prison bars, and dream once again of Freedom. In this freedom alone lies our true Redemption.

*Love and light, Savitri, Programs Coordinator,
Vérité Programming*



Vérité

VÉRITÉ PROGRAMS

June 2023

+91 0413 2622045, 2622606,

+91 9363624083, 8489391876

programming@verite.in

www.verite.in

Intensives, pre-registration required

Dates	Intensives	Timings	Presenters
Friday & Saturday, 7 & 8 July	Speaking from the Heart—Based on Non-Violent Communication	Friday: 9:30am—4:30pm Saturday: 9:30am—1pm	Vega
Saturday, 8 July	Freedom From Fear	2—4:30pm	Dr. Sehdev
Saturday, 15 July	Restorative Yin and Yoga Nidra	9:30am—12pm	Emma
Saturday, 15 July	Yoga of Forgiveness	2—4:30pm	Dr. Sehdev
Saturday, 22 July	Energy Cleanse through Yoga Kriyas	9:30am—12pm	Mamta
Saturday, 22 July	Yearnings for Peace—Peace Within, Peace Without.	2—4:30pm	Dr. Sehdev

Therapies, by appointment only

Therapies	Therapist
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Lomi Lomi Massage	Umberto
Ayurvedic Abhyanga Massage	Umberto

Yoga & Re-creation Programs

Days	Drop-in Sessions	Timings	Presenters
Mondays	Yin Yoga—Healthy Hips (no class 24 Jul)	3:30—4:30pm	Emma
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Gentle Vinyasa Flow	10:30—11:30am	Emma
	Face & Eye Yoga	3:30—4:30pm	Mamta
	Vinyasa Yoga	5—6pm	Rebeca
Wednesdays	Yin Yoga—Healthy Spine (no class 26 July)	3:30—4:30pm	Emma
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Peace with Pranayama	5—6pm	Mamta
	Vinyasa Yoga	5—6pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Mindful Flow—Expression in Movement & Stillness	5—6pm	Savitri

*Savitri, Programs Coordinator,
Vérité Programming*

Cinema

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 14 July Minimalism

2022 / 78 minutes / Matt Davella

This documentary explores the possibility of getting more out of life with less material possessions. Through the lives and stories of some people who are experiencing the joys of minimalism, you can learn more about this way of living lightly on our planet.

Submitted by Shek



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
10 July to 16 July 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theater halls. Since a mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. To organize the seminar/program please contact us via email.

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian and diaspora—Monday 10 July, 8pm
72 MILES EK PRAVAS (72miles a journey)

India, 2013, Dir. Rajiv Patil w/ Smita Tambe, Chinmay Sant, Chinmay Kambli, and others, Biography-Drama, Marathi w/ English subtitles, Rated: U (G)

Set in 1950s and '60s based on autobiographical novel by Ashok Vhatkar, this film tells the story of Ashok, a 13yrs old boy, who runs away from his boarding school to travel from Satara to his parents home in Kolhapur that changes his entire perspective of life. On his way the seemingly helpful people change colors by hearing his last name, identifying his caste. But Radhakka, traveling with her three kids, do not hesitate to include Ashok under her wing as they take the journey as a family. Ashok grows sensitive as she shares her life's story with him.

Potpourri—Tuesday 11 July, 8pm
MATEWAN

USA, 1987, Dir. John Sayles w/ Chris Cooper, James Earl Jones, Mary McDonnell and others, Drama-History, 135 mins, English-Italian w/ English subtitles, Rated: PG 13

Mingo County, West Virginia, 1920. Coal miners, struggling to form a union, are up against company operators and the gun thugs of the notorious Baldwin-Felts detective agency. Black and Italian miners, brought in by the company to break the strike, are caught between the two forces. UMWA organizer and dual-card Wobbly Joe Kenenhan determines to bring the local, Black, and Italian groups together. While Kenenhan and his story are fictional, the setting and the dramatic climax are historical.

Interesting—Wednesday 12 July, 8pm
SPIRIT—BECOMING THE WORLD'S BEST BARTENDER

USA-UK, 2023, Dir. Ross Bolidai w/ Jenna Ba, Stefano Catino, Ryan Chetiyawardana, and others, Documentary, 56mins, English-Japanese-Finish-Hindi w/subtitles for non-English dialogue, Rated: NR (PG-13)

Following three finalists in the lead-up to the World Class Bartender of the Year final, this is a story of obsession and thirst for perfection—as they challenge themselves for a title that could change their careers and lives forever. Intriguing film!

Selection—Thursday 13 July, 8pm
IL PECCATO (Sin)

Russia-Italy, 2019, Writer-Director Andrey Konchalovskiy w/ Yuliya Vysotskaya, Jakob Diehl, Adriano Chiaramida, and others, Biography-History, 134mins, Italian w/English subtitles, Rated: NR (R)

Florence, early 16th century. Although widely considered a genius, sculpture-artist Michelangelo Buonarroti is reduced to poverty and depleted by his struggle to finish the ceiling of the Sistine Chapel. When his commissioner Pope Julius II dies, Michelangelo becomes obsessed with sourcing the finest marble to complete his tomb. His loyalty is tested when Leo X, of the rival Medici family, ascends to the papacy and commissions him to do the façade of the San Lorenzo Basilica. Forced to lie to maintain favour with both families, Michelangelo is tormented by suspicion and hallucinations, leading him to ruthlessly examine his own moral and artistic failings. The film is a gripping reflection on the agony and ecstasy of individual greatness, and the profound humanity behind the legend of the Renaissance.

International—Saturday, 15 July, 8pm
LIVING

UK, 2022, Dir. Olivier Hermanus, w/ Bill Nighy, Aimee Lou Wood, Alex Sharp and others, Drama, English w/ English subtitles, 102 mins, Rated: PG13

Overwhelmed at work and lonely at home, a council bureaucrat's life takes a heartbreaking turn when a medical diagnosis tells him his time is short. Influenced by a local decadent and a vibrant woman, he continues to search for meaning until a simple revelation gives him a purpose to create a legacy for the next generation.

Children's Matinee—Sunday, 16 July, 4:30pm
KUBO AND THE TWO STRINGS



UK-USA, 2016, Dir. Travis Knight w/ voices Charlize Theron, Art Parkinson, Matthew McConaughey and others, Animations-Adventure, 101 mins, English with English subtitles, Rated: PG

Kubo lives a quiet life in a small village until a spirit from the past turns re-ignites an age-old vendetta. This causes havoc as gods and monsters chase Kubo who must locate a magical suit of armor of his late father, a legendary Samurai warrior.

Arthur Penn Film Festival @ Ciné-Club:

Ciné-Club Sunday 16 July, 8pm
BONNIE AND CLYDE

USA, 1967, Dir. Arthur Penn w/ Warren Beatty, Faye Dunaway, and others, Drama-Crime, 111 mins, English w/ English subtitles, Rated: R.

Clyde Barrow recently out of prison, has turned to bank robbery. He meets Bonnie Parker and together the two form the nucleus of a gang of bank robbers who terrorize the southwest in the 1920s. Based on the true story of a pair of notorious bank robbers, the film personalizes them while still showing the violence that went along with them.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, Nina for MMC/CP
 Group Account #105106,
mmcauditorium@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in, 0413 2622133

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7):

- 108